

## **Informed Consent Document**

PATIENT NAME: \_\_\_\_\_

To the Patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

### **The nature of the chiropractic adjustment.**

The primary treatment used by doctors of chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible “pop” or “click,” much as you have experienced when you “crack” your knuckles. You may feel a sense of movement.

### **Analysis / Examination / Treatment**

As a part of the analysis, examination, and treatment, you are consenting to the following procedures:

- spinal manipulative therapy
- palpation
- vital signs
- range of motion testing
- orthopedic testing
- basic neurological
- muscle strength testing
- postural analysis testing
- acupuncture
- laser therapy
- nutritional supplements
- graston
- radiographic studies
- Other

Initial to consent to the above: \_\_\_\_\_

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*Patient should initial each procedure they are consenting to.*

### **The material risks inherent in chiropractic adjustment.**

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. The Doctor will make every reasonable effort during the examination to screen for contraindications to care; however if you have a condition that would otherwise not come to the Doctor’s attention it is your responsibility to inform the Doctor.

### **The probability of those risks occurring.**

Fractures are rare occurrences and generally result from some underlying weakness of the bone which we check for during the taking of your history and during examination and X-ray. Stroke and /or vertebral artery dissection caused by chiropractic manipulation of the neck has been the subject of ongoing medical research and debate. The most current research on the topic is inconclusive as to a specific incident of this complication occurring. If there is a causal relationship at all it is extremely rare and remote. Unfortunately, there is no recognized screening procedure to identify patients with neck pain who are at risk of a vertebral artery stroke.

### **The availability and nature of other treatment options.**

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle

relaxants and pain-killers

- Hospitalization
- Surgery

If you chose to use one of the above noted “other treatment” options you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

**The risks and dangers attendant to remaining untreated.**

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

**DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE.  
PLEASE CHECK THE APPROPRIATE BLOCK AND SIGN BELOW**

**I have read [ ] or have had read to me [ ] the above explanation of the chiropractic adjustment and related treatment. I have discussed it with *Greenwich Wellness* and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.**

**Dated:** \_\_\_\_\_

\_\_\_\_\_  
**Patient's Name**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Signature of Parent or Guardian (if a minor)**

# GREENWICH WELLNESS

Dr. Adam Massoud  
11 Maple Ave.  
Greenwich CT 06830

Tele: (203) 637-1111  
Fax: (203) 637-5956

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## **Cancellation/ Missed Appointment Policy**

Your appointment time has been set aside for you. The time is unavailable to other patients. Therefore, we require at least 24 hours advanced notice if you need to cancel your appointment. For all missed or cancelled appointment with less than 24 hours' notice, you will be charged a \$50 cancellation fee. Appointment reminder calls are a courtesy. Should you not receive a reminder telephone call; it is still your responsibility to remember your appointment.

I have read and understand the cancellation/missed appointment a policy

\_\_\_\_\_

(Patient Signature)

If Patient is a minor, please provide parent or guardian's information

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Parent or Guardian signature \_\_\_\_\_



**ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES**

**HIPPA Notice of Privacy Practices Notification**

**“I understand that Greenwich Wellness associates is legally permitted to use and disclose my protected health information (“PHI”) for the purposes of treatment, payment and health care operations without my consent. Greenwich Wellness associates HIPAA Notice of Privacy Practices (“HIPPA Privacy Notice”) provides more detailed information about how Greenwich Wellness associates uses and discloses PHI. You have the legal right to a copy of our current HIPAA Privacy Notice before you sign this form or at any other time that you request one”.**

This is to acknowledge my receipt of **Dr. Adam Massoud’s** *Notice of Privacy Practices* effective April 14, 2003.

Date: \_\_\_\_\_

Signature of Individual or Personal Representative: \_\_\_\_\_

Print Individual’s Name: \_\_\_\_\_

Individual’s Address: \_\_\_\_\_

Name of Personal Representative (if applicable): \_\_\_\_\_

Description of Representative’s Authority to Act for the Individual:

\_\_\_\_\_  
\_\_\_\_\_



### **Financial Responsibility**

I am responsible for all charges incurred, for all treatments rendered for all dates of service here forward.

History/Physical Exam	\$199.00
Adjustment	\$115.00
Massage Therapy	\$58.00
Acupuncture	\$132.00
Erchonia Laser	\$40.00
IASTM	\$132.00
Nutritional Consultation	\$160.00
Supplements	Prices Vary
Orthotics (First Pair)	\$500.00
Orthotics (Second Pair)	\$400.00

I understand my financial responsibility at Greenwich Wellness and will adhere to their policies.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*All transactions at Greenwich Wellness are non-refundable.**

# **INFORMED CONSENT**

## **Greenwich Wellness**

### **Dr. Adam Massoud**

I hereby request and consent to be performance of acupuncture treatments and other procedures within the scope of the practice of acupuncture on me (or on the patient named below, for whom I am legally responsible) by the acupuncturist(s) who now or in the future treat me.

I understand that the methods of treatment may include, buy are no limited to, acupuncture, moxibustion (the therapeutic use of thermal stimulus at acupuncture points), and nutritional counselling.

I have been informed that acupuncture is a generally safe method of treatment, but that it may have some side effects including slight pain or discomfort at the side of the needling, bruising, numbness or tingling, burns, weakness, nausea, dizziness, or temporary aggravation of symptoms existing prior to treatment.

Unusual side effects include: spontaneous miscarriage, fainting, infection, organ puncture, or nerve damage.

I will inform my acupuncturist(s) if I become pregnant or am in the process of trying to become pregnant.

“With this knowledge, I voluntarily consent to the above treatments.”

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Printed Name

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Patient signature (or patient Representative)

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Date

# Greenwich Wellness

11 Maple Avenue  
Greenwich, CT 06830  
203-637-1111

Date: \_\_\_\_\_  
Patient Number: \_\_\_\_\_

How did you hear about Greenwich Wellness? \_\_\_\_\_

Whom may we thank for referring you to Greenwich Wellness? \_\_\_\_\_

Name: \_\_\_\_\_ Male: \_\_\_ Female: \_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Zipcode: \_\_\_\_\_  
Preferred Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Relationship Status: \_\_\_\_\_ Partner's Name \_\_\_\_\_ Children: \_\_\_\_\_

What type of exercise do you perform on a daily basis? \_\_\_ None \_\_\_ Moderate \_\_\_ Heavy  
What do your daily work habits include? (e.g. sitting, standing, light labor, heavy labor, computer work)  
\_\_\_\_\_  
Do you smoke? \_\_\_ Yes \_\_\_ No How much liquor do you consume on a weekly basis? \_\_\_\_\_  
How much coffee or caffeinated beverages do you consume on a daily basis? \_\_\_\_\_  
(For Women) Are you pregnant? \_\_\_ Yes \_\_\_ No  
Please list all medications you are currently taking: \_\_\_\_\_  
Allergies: \_\_\_\_\_

Are you currently experiencing any symptoms? \_\_\_ Yes \_\_\_ No  
If Yes, please explain:  
\_\_\_\_\_  
Where specifically is the problem(s) located? \_\_\_\_\_  
Type of Pain: \_\_\_ Sharp \_\_\_ Dull \_\_\_ Throbbing \_\_\_ Numbness \_\_\_ Burning \_\_\_ Aching \_\_\_ Shooting  
\_\_\_ Tingling \_\_\_ Cramps \_\_\_ Stiffness \_\_\_ Swelling \_\_\_ Other: \_\_\_\_\_  
Rate the severity of your pain on a scale from 1(least pain) to 10(severe pain) \_\_\_  
Have you been treated by a chiropractor this year? \_\_\_ Yes \_\_\_ No  
Have you seen a doctor for this condition? \_\_\_ Yes \_\_\_ No  
Is this condition getting progressively worse? \_\_\_ Yes \_\_\_ No

